

Ladder Risk Assessment Checklist

Company:	Date:
Completed by:	Site:

In all situations, ladder use is subject to the following safe work practices. Ensure that these items have been addressed and follow the requirements of IHSA’s “Ladder Use in Construction Guideline” ([ihsa.ca/pdfs/topics/ladders.pdf](https://www.ihsa.ca/pdfs/topics/ladders.pdf)).

Safe Work Practices	In Progress	Date Completed
The ladder has been visually inspected.	<input type="checkbox"/>	
The ladder is the appropriate CSA grade (Grade 1 or 1A for construction use) and has been rated for the amount of weight it will be required to support.	<input type="checkbox"/>	
Workers have received training on safe ladder use and appropriate fall protection.	<input type="checkbox"/>	
Workers have received instruction on the JSA associated with this checklist.	<input type="checkbox"/>	
Alternatives (to a ladder) have been considered (e.g., fixed-access ladder, PEWP, scaffold, work repositioning, etc.), and a ladder is deemed most suitable for the task.	<input type="checkbox"/>	
The selected ladder type (step, extension, platform, etc.) is suitable for the task.	<input type="checkbox"/>	
The ergonomics of maneuvering the ladder have been assessed and addressed.	<input type="checkbox"/>	
The ladder is secured from movement: <ul style="list-style-type: none"> • It has a firm level base that is secured where possible. • It is tied at the top to an available structure. 	<input type="checkbox"/>	
Material and/or tools can be raised or lowered by using a tool belt or rope in order to keep hands free.	<input type="checkbox"/>	
Three-point contact can be maintained while climbing.	<input type="checkbox"/>	
Ice and snow at the base and top is clear or will not affect the ladder stability or the worker’s footing.	<input type="checkbox"/>	
Traffic in the area of the base and top is controlled.	<input type="checkbox"/>	
Enough space is left at the base for proper ladder angle.	<input type="checkbox"/>	

Approved by _____ Date Approved _____